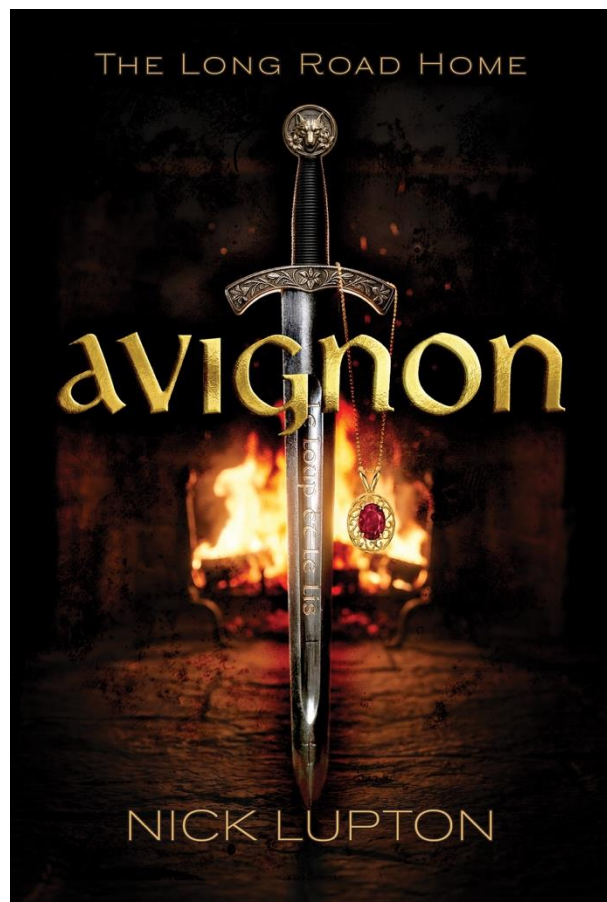




MEDIA KIT

NICK LUPTON

*Author of Avignon:
The Long Road Home*

*A history project. A foggy morning. A
slip
that changes everything.*

luptondream.com



WHERE DREAMS BECOME STORIES

Media Snapshot

THE HOOK

A Pensacola teacher and lifelong artist turns a vivid dream into a sweeping debut about a 1985 teenager stranded amid the political and religious upheaval of 14th-century France.

TITLE	Avignon: The Long Road Home
AUTHOR	Nick Lupton
PUBLISHER	LuptonDream LLC
PUBLICATION	May 12, 2026 First edition
GENRE	Historical fiction / time-travel adventure
LENGTH	384 pages approximately 117,000 words
SETTING	1985 New Haven, Connecticut, and 14th-century France
FORMATS / ISBNs	Hardback 979-8-9958338-0-2 Paperback 979-8-9958338-1-9 Ebook 979-8-9958338-2-6
LIBRARY OF CONGRESS	LCCN 2026911967
WEBSITE	luptondream.com
SOCIAL MEDIA	Facebook and Instagram

Best-Fit Coverage

Local author and Pensacola creative-community profiles
 Historical fiction, time travel, medieval France, and Knights Templar features
 Teacher-to-author, second-act creativity, and lifelong learning stories
 Independent publishing and husband-and-wife creative-business stories
 Book clubs, libraries, bookstores, podcasts, radio, and cultural events

About the Book

Short Description

He went to a Renaissance fair for a history project. He woke up in 14th-century France.

Full Description

Stephen Delacroix is a typical high school senior in 1985 New Haven—until a Renaissance fair photo opportunity sends him tumbling into 14th-century France.

Waking in a medieval abbey with nothing but his backpack and a research notebook, Stephen must navigate a world he knows only from books. Guided by a wise monk, he learns to survive in an era on the brink of upheaval, but survival grows complicated when he becomes entangled with the Knights Templar and finds himself hunted by both king and pope.

With unlikely allies at his side and dangerous secrets in his head, Stephen walks a razor's edge between revealing too much of the future and making it home alive. Every choice could mean death, discovery, or something he never expected to find in the past: love. The road home has never been so treacherous.

Themes and Reader Appeal

- A reluctant hero choosing what is right over what is easy
- Belonging, loyalty, love, and the meaning of home
- The danger of knowing the future in a world shaped by faith and power
- A detailed medieval setting balanced by recognizable 1980s touchstones
- A crossover adventure for adult historical-fiction readers and mature teen readers

Selected Reader Response

★★★★★ *“Stephen Delacroix is my new hero! Time-travel page turner!”*

— Amazon reviewer, verified purchase

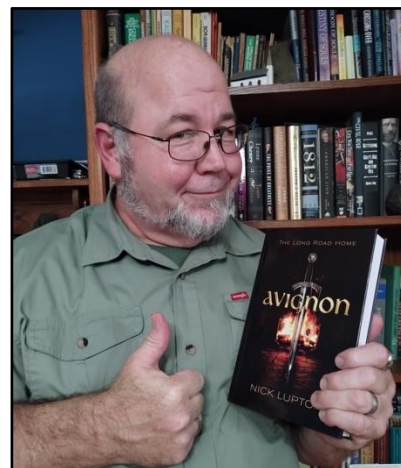
★★★★★ *“I found myself invested in so much more than the journey...it was the relationships he built along the way that kept me turning pages.”*

— Amazon reviewer, verified purchase

About Nick Lupton

50-Word Bio

Nick Lupton is a Pensacola-based high school biology teacher, former football coach, visual artist, and stained-glass craftsman. Inspired by vivid dreams and a lifelong fascination with history, he wrote the time-travel historical novel *Avignon: The Long Road Home*, the opening book in the Delacroix Chronicles.



Full Bio

Nick Lupton's journey has always been guided by creativity. Growing up in Pensacola, Florida, he first pursued art, capturing the world in pencil, pen, and ink. Life eventually blended his passions in a new direction, leading him to become a high school biology teacher and mentor who shaped students both in the classroom and on the football field.

Creativity never left. When his coaching chapter closed, a new one opened in stained glass, where light, color, and intricate design became his canvas. Then, inspired by vivid dreams and a deep fascination with history, Nick's storytelling took its boldest form yet: writing.

Through LuptonDream LLC, Nick now creates historical fiction in which imagination and the past collide. He is a devoted husband, father, and grandfather who believes in curiosity, creativity, and the power of a good story. *Avignon: The Long Road Home* is his debut novel and the opening of the Delacroix Chronicles.

Fast Personal Facts

Home: Pensacola, Florida

Career: High school biology teacher and former high school football coach

Creative work: Drawing, pen-and-ink art, stained glass, and fiction

Writing origin: Vivid dreams paired with a fascination for history

Available for: Interviews, book discussions, school and educator conversations, signings, panels, and creative-journey features

Story Angles

- **From Biology Lab to Medieval France**

I went from grading biology quizzes and coaching football to writing a medieval epic — and yes, my students find that pretty funny.

- **The Dream That Became a Novel**

One vivid dream refused to leave me alone, so I turned it into a 115,000-word adventure spanning 1985 New Haven and 14th-century France.

- **What If a Teenager Knew the Future?**

I love the dangerous question at Stephen's core: how much of the future can one teenager safely blurt out before it backfires?

- **Why 1985?**

I stranded my hero in 1985 on purpose — no smartphones, no Google, just a kid, a notebook, and a great soundtrack rewriting the time-travel rules.

- **History as a Living Classroom**

As a teacher, I've found a good story beats a textbook every time, so I use mine to make faraway places and people feel close enough to touch.

- **A Creative Life Has More Than One Chapter**

I've been a sketch artist, a coach, and a stained-glass nerd, and now a novelist — apparently I just can't sit still creatively.

- **Building an Independent Imprint**

My family and I built LuptonDream LLC from scratch, and I'll happily share the messy, rewarding reality of publishing a debut novel ourselves.

Interview Questions & Talking Points

- **What first inspired *Avignon: The Long Road Home*?**
 - Honestly, it started with a dream — I grabbed a notebook before it could slip away.
 - My lifelong love of history built the whole world around that first spark.
- **Why place Stephen in 1985 New Haven?**
 - No smartphones, no Google — just a teenager and one very trusty research notebook.
 - His knowledge feels powerful but charmingly incomplete, and revisiting the '80s was a bonus.
- **Why *Avignon* and the early 1300s?**
 - Popes, ambitious kings, the fall of the Templars — it's the perfect historical storm.
 - I basically dropped a modern teen into history's most dramatic group project.
- **How did being a teacher and coach shape the novel?**
 - Teaching and coaching showed me how young people grow, stumble, and find their nerve.
 - Stephen just carries everything he's learned across six centuries — no pressure.
- **How did your visual-art background influence your writing?**
 - Drawing and stained glass taught me to think in light, color, contrast, and detail.
 - So I write the way I sketch — one carefully placed piece of glass at a time.
- **What makes Stephen a hero?**
 - He never chases glory — honestly, he'd much rather just go home.
 - He does the right thing while scared and unsure of the cost, and that's the good stuff.
- **What do you hope readers take away?**
 - A little wonder, a fresh appetite for history, maybe a late-night rabbit hole or two.
 - Mostly, that courage starts with one ordinary person making one hard choice.
- **Is this the beginning of a series?**
 - Yes! *Avignon* opens the Delacroix Chronicles.
 - So no, I'm not letting Stephen rest just yet.



Press Release

FOR IMMEDIATE RELEASE

PENSACOLA TEACHER TURNS A VIVID DREAM INTO A TIME-TRAVEL JOURNEY THROUGH MEDIEVAL FRANCE

*Nick Lupton's debut novel, **Avignon: The Long Road Home**, follows a 1985 high school senior hunted by king and pope in the 14th century.*

PENSACOLA, Fla. — July 2026 — Pensacola educator and lifelong artist Nick Lupton has released *Avignon: The Long Road Home*, a historical time-travel adventure that sends a New Haven high school senior from a Renaissance fair into the political and religious upheaval of 14th-century France.

Stephen Delacroix begins the story as a student researching Avignon for a history fair. After a foggy morning, a fall near the river, and a blow to the head, he awakens in a medieval abbey with only his backpack and research notebook. Befriended by a monk and drawn into the world of the Knights Templar, Stephen becomes a wanted man whose knowledge of the future may be as dangerous as the enemies pursuing him.

The novel brings together Lupton's seemingly different creative lives. Before writing fiction, he worked in drawing and pen-and-ink, taught high school biology, coached football, and became an accomplished stained-glass artist. A vivid dream and a deep fascination with history eventually gave those experiences a new form.

"At its heart, this is a story about an ordinary young person trying to do what is right when every choice carries a cost," Lupton said. "The history gives the story its danger and scale, but the relationships give Stephen a reason to keep walking."

Published by Pensacola-based LuptonDream LLC, *Avignon: The Long Road Home* is the opening book in the Delacroix Chronicles. The 384-page novel is available in hardback, paperback, and ebook editions.

Nick Lupton is available for interviews, book discussions, education-focused conversations, signings, and event appearances. Review copies and high-resolution media assets are available upon request.

Media Contact

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